

Short title: Monitored care BP

1. Purpose of review

This document was reviewed to ensure its content was relevant because of the significant time since the previous version and the updating of related professional documents such as *PG09 Guideline on procedural sedation*.

As there was no major change in scientific literature or college policy the document has undergone internal review in line with *CP24 Policy for the development and review of professional documents*.

2. Background and discussion

PS19 applies whenever there no intent to administer sedation or general anaesthesia. This is to make it clear that if sedation is planned, *PG09 Guideline on procedural sedation* applies. Reference to planned sedation has thus been removed.

The document is intended for anaesthetists, trainees and RGA; however, the principles may be applicable to other practitioners.

3. Review of issues

As part of monitored care, the need to be prepared for a change in the patient condition that may require immediate intervention should be evaluated and managed.

Monitored care occurs for a wide variety of clinical reasons and in situations where there is a risk of clinical deterioration or the patient tolerating the procedure poorly.

Depending on the circumstance, consideration should be given to actions such inserting an intravenous cannula and/or appropriately positioning the patient to manage the airway if the situation might result in rapid deterioration.

Monitored care should be provided in an environment where resources for appropriate supportive interventions are available, or where abandoning the procedure is an option with transferring for care (possibly at another time) can be safely done.

Related ANZCA documents

CP24 Policy for development and review of professional documents

PS04(A) Position statement on the post-anaesthesia care unit

PG06(A) Guideline on the anaesthesia record

PG07 Guideline on pre-anaesthesia consultation and patient preparation

PG09 Guideline on procedural sedation

PG18 Guideline on monitoring during anaesthesia

PS26(A) Position statement on informed consent for anaesthesia or sedation

PS55 Position statement on minimum facilities for safe administration of anaesthesia in operating suites and other anaesthetising locations

Professional documents of the Australian and New Zealand College of Anaesthetists (ANZCA) are intended to apply wherever anaesthesia is administered and perioperative medicine practised within Australia and New Zealand. It is the responsibility of each practitioner to have express regard to the particular circumstances of each case, and the application of these ANZCA documents in each case. It is recognised that there may be exceptional situations (for example, some emergencies) in which the interests of patients override the requirement for compliance with some or all of these ANZCA documents. Each document is prepared in the context of the entire body of the college's professional documents, and should be interpreted in this way.

ANZCA professional documents are reviewed from time to time, and it is the responsibility of each practitioner to ensure that he or she has obtained the current version which is available from the college website (www.anzca.edu.au). The professional documents have been prepared having regard to the information available at the time of their preparation, and practitioners should therefore take into account any information that may have been published or has become available subsequently.

Whilst ANZCA endeavours to ensure that its professional documents are as current as possible at the time of their preparation, it takes no responsibility for matters arising from changed circumstances or information or material which may have become available subsequently.

Promulgated: 2025
Current document: May 2025

© Copyright 2025 – Australian and New Zealand College of Anaesthetists. All rights reserved.

This work is copyright. Apart from any use as permitted under the Copyright Act 1968, no part may be reproduced by any process without prior written permission from ANZCA. Requests and inquiries concerning reproduction and rights should be addressed to the Chief Executive Officer, Australian and New Zealand College of Anaesthetists, 630 St Kilda Road, Melbourne, Victoria 3004, Australia. Email: ceo@anzca.edu.au

ANZCA website: www.anzca.edu.au