



## Short title: Monitored care

### 1. Introduction

The Australian and New Zealand College of Anaesthetists endorses the concept of monitored care provided by an anaesthetist for a procedure performed under local anaesthesia or sedation. Monitored care may also be required in special situations such as the intravascular administration of contrast medium in a suspected susceptible patient.

Monitored care may be requested by a surgeon, dentist, obstetrician, physician, endoscopist, radiologist, radio therapist, or other proceduralist, or by a patient or his/her carer.

The provision of monitored care may be exacting and time consuming because of the general condition of the patient and, in some cases poor access, the location of the procedure and availability of support staff.

### 2. General principles

#### 2.1 Monitored care shall include:

- 2.1.1 Performance of a pre-anaesthetic consultation in accordance with college professional document *PG07(A) Guideline on pre-anaesthesia consultation and patient preparation*, including obtaining consent in accordance with college professional document *PS26(A) Position statement on informed consent for anaesthesia or sedation*.
- 2.1.2 Monitoring of the patient, as appropriate, in accordance with college professional document *PG18(A) Guideline on monitoring during anaesthesia*.
- 2.1.3 Administration of intravenous sedation, if required, in accordance with college professional document *PG09(G) Guideline on procedural sedation*.
- 2.1.4 Other therapeutic measures as required.
- 2.1.5 Transfer of the patient, if required, to an appropriate Recovery Area in accordance with college professional document *PS04(A) Position statement on the post-anaesthesia care unit*.

2.2 A record of clinical observations and of drugs administered shall be kept in accordance with college professional document *PG06(A) Guideline on the anaesthesia record*.

2.3 To ensure that standards of patient care are satisfactory, equipment and staffing of the area in which the patient is being managed should satisfy the requirements in the appropriate college professional document *PS55(A) Position statement on minimum facilities for safe administration of anaesthesia in operating suites and other anaesthetising locations*.

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Promulgated: 1990  
Reviewed: 1995, 2001  
Current document: Dec 2006  
Republished: Jan 2020

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