



COMBINED SIG MEETING

Strong systems, thriving teams

26–28 June 2026
The Continental Sorrento, Victoria

PROGRAM

Friday 26 June

9–10.30am	Workshops	
9–10.30am	Workshop 1: Art and uncertainty: Visual thinking strategies and navigating uncertainty in medicine (ticketed)	<i>Facilitator: Dr Catherine Olweny Location: The Gallery</i>
9–10.30am	Workshop 3: Wellbeing@Work (ticketed)	<i>Facilitator: Dr Divya Sharma Location: Grand Ballroom</i>
10.30–11am	Morning tea	<i>Location: Grand Ballroom Foyer</i>
11am–12.30pm	Workshops	
11am–12pm	Workshop 1 (continued): Art and uncertainty: Visual thinking strategies and navigating uncertainty in medicine (ticketed)	<i>Facilitator: Dr Catherine Olweny Location: The Gallery</i>
11am–12.30pm	Workshop 4: Psychological first aid (B) (ticketed)	<i>Facilitator: Dr Tim Driscoll Location: Halcyon Hall</i>
11am–12.30pm	Workshop 3 (continued): Wellbeing@Work (ticketed)	<i>Facilitator: Dr Divya Sharma Location: Grand Ballroom</i>
12.30–1.30pm	Lunch	<i>Location: The Gallery</i>
1.30pm	Welcome to Country Convenors' welcome	<i>Dr Divya Sharma and Dr Kushlani Stevenson</i>
1.45–3pm	Session 1: Beyond resilience: Building systems that support (anaesthetists') wellbeing at work <i>Wellbeing SIG session</i>	<i>Chair: Dr Divya Sharma Location: Halcyon Hall</i>
1.45pm	Working with limited resources: How I manage my work with the changes to WHS law	<i>Dr Tim Driscoll</i>
2.25pm	What does a wellbeing advocate do?	<i>Dr Tabara Dione</i>
2.45pm	Q&A	
3–3.30pm	Afternoon tea	<i>Location: The Gallery</i>
3.30–5pm	Session 2: Beyond the traditional path: Expanding professional roles for the anaesthetist interested in wellbeing <i>Wellbeing SIG session</i>	<i>Chair: Dr Kushlani Stevenson Location: Halcyon Hall</i>
3.30pm	Highlights from "the Stanford course"	<i>Dr Janette Wright</i>
3.50pm	Future directions for the Wellbeing Advocate role	<i>Dr Tabara Dione</i>
4.10pm	From counselling to VTS	<i>Dr Catherine Olweny</i>
4.30pm	Q&A	
5–6.30pm	Welcome reception	<i>Location: Grand Ballroom</i>

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Saturday 27 June

9-10.30am	Session 3: Supporting people, sustaining services: The balancing act of promoting wellbeing at work <i>Leadership and Management SIG session</i>	<i>Facilitator: Associate Professor Nicole Phillips</i> <i>Location: Halcyon Hall</i>
9am	Panel	<i>Associate Professor Belinda Phillips</i> <i>Associate Professor Kara Allen</i> <i>Dr David Bramley</i>
10.30-11am	Morning tea	<i>Location: The Gallery</i>
11am-12.30pm	Session 4: <i>Strengthening systems, supporting teams: Understanding who we are and how we work</i> <i>Medical Education SIG session</i>	<i>Chairs: Associate Professor Kara Allen and Dr Megan Allen</i> <i>Location: Halcyon Hall</i>
11am	Mixed method needs analysis prior to implementation of a regional anaesthesia service	<i>Dr James Ballantyne</i>
11.30am	Guidance for the early management of severe intracranial neurotrauma at a specialist trauma centre: Context assessment and adaptive implementation	<i>Dr Megan Allen</i>
11.50am	I am an anaesthetist - Why is professional identity important?	<i>Associate Professor Kara Allen</i>
12.10pm	Q&A	
12.30-1.30pm	Lunch	<i>Location: The Gallery</i>
1.30-3pm	Session 5: <i>Mind, metaphor and movement - Something different to try in theatre next week</i> <i>Communication in Anaesthesia SIG session</i>	<i>Location: Halcyon Hall</i>
1.30pm	Animals in medical education	<i>Dr Elizabeth Gooch</i>
1.55pm	Coaching and wellbeing	<i>Dr Tabara Dione</i>
2.20pm	Hypnosis and working with doctors	<i>Dr Catherine Olweny</i>
2.45pm	Q&A	
3-3.30pm	Afternoon tea	<i>Location: The Gallery</i>
3.30-5pm	Session 6: Wellbeing activities	
	<i>This session has been set aside to allow delegates to focus on wellbeing. Participate in the Psychological First Aid Workshop or take time out to relax, reset, and explore Sorrento at your own pace while enjoying all that the region has to offer. Refer to the meeting website for a thoughtful list of self guided activities and suggestions.</i>	
3.30-5pm	Workshop 5: Psychological first aid (C) (ticketed)	<i>Facilitator: Dr Tim Driscoll</i> <i>Location: Halcyon Hall</i>
7-10.30pm	Meeting Dinner (ticketed)	<i>Location: Sardo Sorrento</i>

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Sunday 28 June

9-10.30am	<i>Session 7: From policy to practice: The real-world impact of changes to OHS law Wellbeing SIG session</i>	<i>Chair: Dr Kushlani Stevenson Location: Halcyon Hall</i>
9am	The real world impact of changes to work health and safety law	Ms Jen Agars
9.45am	Q&A	Ms Jen Agars, Dr Barbara Robertson and Dr Alice White
10.30-11am	Morning tea	<i>Location: The Gallery</i>
11am-12.30pm	<i>Session 8: Self care and professional risk: Myth, reality, and responsibility Wellbeing SIG session</i>	<i>Chair: Dr Divya Sharma Location: Halcyon Hall</i>
11am	Self-care and professional risk: Myth, reality, and shared responsibility	<i>Sharon Concisom, Executive Director of Health Regulation (AHPRA)</i>
11.30am	Implications of accessing mental health support on your indemnity insurance	<i>Scott Shelly, Principal, Barry Nilsson</i>
11.50am	Q&A	
12.30-1.30pm	Lunch	<i>Location: The Gallery</i>
1.30pm	Meeting concludes	