

The Open Clinical Pain Training Program was developed by leading experts in pain management in conjunction with people experiencing pain.



“OPEN is such a great learning resource. As a titled Pain Physio - I highly recommend it to health professionals.”

Anjelo Ratnachandra, APA titled Pain Physiotherapist

ACCREDITED & ENDORSED



OUR PARTNERS



OPEN is a not-for-profit social enterprise. All profits are reinvested into pain research and education.



PRACTICAL TOOLS.
REAL-WORLD STRATEGIES.
BETTER PAIN CARE.

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SCAN TO LEARN MORE



Change the future of pain care.

Co-developed with leading pain experts and people with lived experience.



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The Clinical Pain Training Program by Online Pain Education Network (OPEN)

ONLINE TRAINING TO BUILD CONFIDENCE IN CHRONIC PAIN CARE. 4 AWARDS, ALL FOR \$280.

1

AWARD 1 – 5 CPD HOURS

Essential Pain Management

Enhance your knowledge and skills in recognising, assessing, and treating individuals experiencing pain, in these 5 easy-to-use modules.

2

AWARD 2 – 6 CPD HOURS

Preparing For Pain Self-Management

Focus is on equipping you with the skills to guide patients through the crucial steps toward personalising their plan and managing their own pain.

3

AWARD 3 – 6 CPD HOURS

Core Pain Self-management skills

Learning clinical skills in goal setting, activity pacing, exercise, applied relaxation, and effective problem-management are key components for guiding people to self-manage their pain.

4

AWARD 4 – 3 CPD HOURS

Safe and effective use of medication

Learn to describe the place of analgesic medications in the integrated management of people experiencing acute and chronic pain, including the safety and efficacy of opioids, reduce reliance and minimise harms.

About OPEN

FLEXIBLE, CPD ACCREDITED AND DESIGNED TO FIT INTO REAL CLINICAL PRACTICE.

OPEN offers a modern Clinical Pain Training Program, designed for all healthcare professionals who support people living with pain.

It's online, self-paced, and built around real-world stories, practical strategies, and interdisciplinary collaboration.


Developed under the "Listen to me, learn from me" framework¹, OPEN centres the lived experience of pain to help you deliver more effective, compassionate care.



✓ PRACTICAL TOOLS FOR REAL CLINICAL SETTINGS

✓ EVIDENCE-BASED TRAINING GROUNDED IN PAIN SCIENCE

✓ CPD ACCREDITED

 Australia Post

"The program is thorough, engaging and particularly well-suited to a workplace rehabilitation context and provides practical insights our team can apply directly."

Melanie Ianssen, Head of Workplace Recovery & Health, myRecovery & Health

¹ Slater, H., Jordan, J.E., O'Sullivan, P.B., Schütze, R., Goucke, R., Chua, J., Browne, A., Horgan, B., De Morgan, S. and Briggs, A.M., 2022. "Listen to me, learn from me": a priority setting partnership for shaping interdisciplinary pain training to strengthen chronic pain care. *Pain*, 163(11), pp.e1145–e1163.