

Clinical Skills (CS) Instruction Sheet

This form has been designed for use by prospective trainees planning to apply for Recognition of Prior Experience for the FPM Training Program.

FPM trainees need to record workplace-based feedback in their ePortfolio rather than this form.

A clinical skills (CS) involves an assessor/supervisor observing a trainee while they conduct a health assessment of a patient with pain. The intention is to assess the trainee's skills in taking a sociopsychobiomedically informed history and performing a pain orientated physical examination in an authentic situation. The patient should be new to the trainee where the appropriate skills may be demonstrated as part of the normal clinical care for the patient.

Conducting the assessment

1. The trainee will initiate a clinical skills by approaching a Fellow (assessor) and organising an appropriate time for the assessment.
2. The assessor observes the trainee and considers the descriptor that best describes the trainee in that encounter, marking the descriptor and making notes on the assessment form during and/or immediately after the assessment.
3. Not all criteria may be applicable to be assessed during each clinical skills feedback. In this situation the assessor should mark 'unable to assess' for that item.
4. A feedback discussion is a crucial part of workplace based feedback, and should occur immediately following the observation. It is expected to take 15-20 minutes and should be conducted in an appropriate private environment.
5. The assessor should encourage the trainee to reflect on their own performance. The assessor should then provide their perspective and provide written comments on the form to summarise the feedback discussed.
6. The assessor must determine the overall rating for the encounter.
7. The trainee and assessor discuss and agree to the next steps for development and the time-lines in which this should be completed – both sign the form.

Workplace-based feedback - Clinical Skills (CS) form

Relevant topic area			
Case Details Short description of the presenting case / referrer's concerns			
Domain of Practice	<i>Performance was not at standard</i>	<i>Performance progressing towards the standard</i>	<i>Trainee exhibited performance at standard</i>
Rapport and trust <i>Exhibits professional behaviours in practice</i> Unable to assess	Engagement with patient was suboptimal. Obtaining consent & exploring sensitive information requires development.	Adequate introduction & explanation of assessment. Awareness of sociocultural differences.	Skilfully gains consent; & empathetically discusses sensitive information.
History-taking <i>Elicits and interprets a sociopsychobiomedically informed history</i> Unable to assess	Needs to develop a systematic approach to history taking.	Utilised a systematic approach. Missed key essential aspects of history.	Demonstrates a sophisticated and professional approach.
Sociological assessment <i>Performs a focused sociological assessment</i> Unable to assess	Limited enquiry into the patient's sociocultural circumstances.	Enquires about pertinent sociocultural factors. Did not integrate these appropriately.	Performs a comprehensive assessment of the impact of relevant sociocultural factors.
Psychological assessment <i>Performs a focused psychological assessment and mental state examination (MSE)</i> Unable to assess	Briefly assesses psychological factors. Limited enquiry into psychological factors.	Performs a psychological assessment covering most areas.	Conducts an appropriate comprehensive psychological assessment.
Risk assessment <i>Integrates risk assessment, where appropriate</i> Unable to assess	Did not assess risks appropriate to the patient's presentation	Integrates risk assessment & management. Requires a targeted approach to acquire details to manage risk.	Assesses risk in a structured, comprehensive manner specific to the patient.
Physical examination <i>Conducts a focused pain oriented physical examination</i> Unable to assess	Examines the patient superficially, did not elicit important signs.	Completed a targeted assessment however missed some clinical signs.	Conducts a comprehensive pain oriented physical examination incorporating patient agency.
Adapts assessment <i>Adapts assessment according to the patient's contextual and cultural factors</i> Unable to assess	Did not adapt assessment considering cultural or contextual factors.	Explores patient's needs and considers patient agency; could refine further.	Sensitive to cultural context impacting the experience of pain. A adapts assessment accordingly.
Explores patient's issues <i>Identifies and explores concerns, beliefs, goals, expectations with respect to the pain experience</i> Unable to assess	Limited exploration of patient's issues	Identifies the patient's issues	Patient's issues are acknowledged & validated in a respectful & empathic manner.

Investigations <i>Reviews existing investigations and opinions</i> Unable to assess	Superficially reviews existing investigations and opinions. Needs to consider the evidence for further investigation	Requires review of evidence-based guidelines regarding need for further investigations	Critically evaluates existing investigations & opinions. Demonstrates understanding for further investigations
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Assessor Feedback

What aspects of this assessment were performed well?	
Areas upon which to concentrate further development	

OVERALL COMPETENCY RATING

- 1 Trainee required assistance (*typically, vast majority not at standard*)
- 2 Trainee managed aspects of this case (*typically, at least majority not at standard, some progressing toward standard*)
- 3 Trainee managed the case and consulted appropriately (*typically, at least majority at progressing towards standard*)
- 4 Trainee acted independently and is practice ready (*typically, vast majority performing at standard*)

Comments:

Date of Feedback	
Trainee name	

Assessor name	
Assessor email	Signature